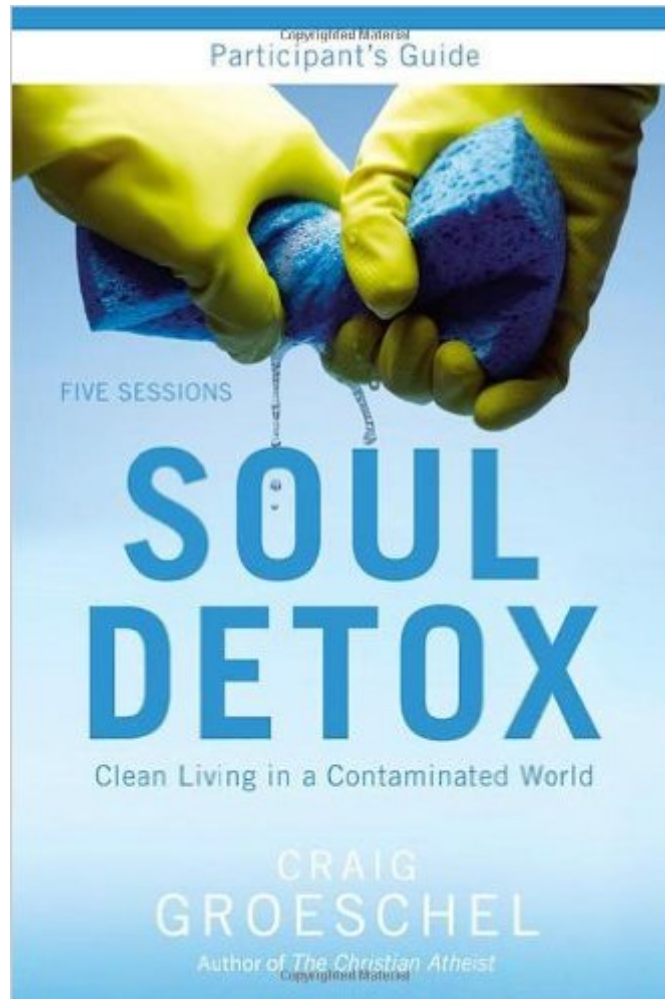


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# Soul Detox Participant's Guide: Clean Living In A Contaminated World



## Synopsis

In the five-session small group Bible study, *Soul Detox*, pastor and best-selling author Craig Groeschel sheds light on relationships, thoughts, and behaviors that quietly compromise our wellbeing. Using concise teaching and honest humor, Groeschel provides a source of inspiration and encouragement for a faith-filled lifestyle that will keep you free of spiritual toxins. More than an educated, insightful look at the negative aspects of our day-to-day culture, this grace-based experience challenges you out of complacency and into a life of clean, pure, and focused living based on the standard of God's holiness. This Participant Guide provides individual and group activities, between-session personal studies, and additional background material that will enhance the experience of the DVD and church campaign (sold separately). Sessions include: 1. Lethal Language: Experiencing the Power of Life-Giving Words 2. Scare Pollution: Unlocking the Chokehold of Fear 3. Radioactive Relationships: Loving Unhealthy People without Getting Sick 4. Septic Thoughts: Overcoming Our False Beliefs 5. Germ Warfare: Cleansing Our Lives of Cultural Toxins

*Soul Detox* can be used in a variety of ways – as a whole church campaign (adult congregation), adult Sunday school, small group study, or individual Bible study. The DVD (sold separately) contains five 10-15 minute video teaching sessions from pastor Craig Groeschel and the Participant Guide provides individual and group activities, between-session personal studies, and additional background material that enhances the experience of the video sessions.

## Book Information

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Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars – See all reviews (51 customer reviews)

Best Sellers Rank: #212,132 in Books (See Top 100 in Books) #120 in Books > Christian Books & Bibles > Ministry & Evangelism > Youth Ministry #280 in Books > Christian Books & Bibles > Education > Adult #47492 in Books > Religion & Spirituality

## Customer Reviews

This emerged from a teaching series by Craig and his team. The book exceeds the content of the

series which can be downloaded. In fact if you were to preach this series the book provides great content. If you're reading this book for the sake of growing your faith, dealing with your thought life, negativity etc this book will help. Great job Craig!

The guide provides 1) A great overview of the corresponding chapter in the book, 2) A perfect lead in for the Video 3) Thought provoking questions for small group discussions and 4) Personal Devotion during the week to help with material digestion and life change. Our group rated this series as one of the best we have used in 4 years.

If leading a small group, I very much recommend the Participant's Guide. It is much better than only attempting to read the chapter in the book, to glean something to compliment the DVD sessions. Blessings

If the goal is to teach yourself how to clean out your mind of all the junk that you have allowed in, then this is the perfect book for you. Just don't forget about your Bible :) Right away I used this to as a tool to stop craving death (smoking, drinking, etc.). It worked! It worked better than I had hoped :)

We used this book as part of our women's group bible study and definitely worth getting and reading. We watched the video that the church provided in our sessions and I had purchased the workbook/guide to go with it. The only thing is that the video did not go in the same order as the book and it was difficult to go along with the workbook. Otherwise, very worthy of purchase and subject matter.

The book itself was excellent! If only some of the "life long" Christians that many have distanced from actually absorbed the contents of this book, the local area would be most improved. It's a very bad idea during a discussion of a chapter for the "leader" of said discussion decide to talk about "the evils of homosexuality" when a gay person known well to her is sitting next to her. It was mean, aggressive and personal. Those that squawk the loudest.....

This was nice to have, but not necessary for this series if you're leading a group through this curriculum. Feel free to buy it, but not obligated unless you want homework throughout the week.

This Participants Guide is easy to confuse for the actual Soul Detox BOOK. I made the mistake of

ordering this believing it WAS the book. I realized this after it arrived in the mail....so, to help those of you looking for the book, THIS ISN'T IT.

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Soul Detox Participant's Guide: Clean Living in a Contaminated World Tea Cleanse: 7 Day Tea Cleanse Diet: How to Choose Your Detox Teas, Boost Your Metabolism, Lose 10 Pounds a Week and Flush Out Toxins (Tea Cleanse, ... Belly, Tea Cleanse Diet, Weight Loss, Detox) Smoothies For Kids: 80+ Recipes, Whole Foods Diet, Heart Healthy Diet, Natural Foods, Blender Recipes, Detox Cleanse Juice, Smoothies for Weight ... loss - detox smoothie recipes) (Volume 40) Smoothies for Diabetics: 85+ Recipes of Blender Recipes: Diabetic & Sugar-Free Cooking, Heart Healthy Cooking, Detox Cleanse Diet, Smoothies for ... loss-detox smoothie recipes) (Volume 54) Weight Loss by Quitting Sugar and Carb - Learn How to Overcome Sugar Addiction - A Sugar Buster Super Detox Diet (Weight Loss, Addiction and Detox) Introduction to Phytoremediation of Contaminated Groundwater: Historical Foundation, Hydrologic Control, and Contaminant Remediation Frugal Living: 55 Tips to Save Money! Enjoy Living on a Budget, Become Debt Free, and Have Complete Financial Independence (Frugal Living Books, frugal living for dummies, frugal living made simple) Clean Slate: A Cookbook and Guide: Reset Your Health, Detox Your Body, and Feel Your Best Best 50 Clean Eating Salad Recipes for Quick Weight Loss & Detox: Delicious & Healthy Recipes Eating Clean: The 21-Day Plan to Detox, Fight Inflammation, and Reset Your Body Made to Crave Action Plan Participant's Guide: Your Journey to Healthy Living When the Game Is Over, It All Goes Back in the Box Participant's Guide: Six Sessions on Living Life in the Light of Eternity The Juice Habit Made Easy: with tips, tricks & healthy fruit & vegetable recipes (The Personal Detox Coach's Simple Guide To Healthy Living Series) (Volume 1) First Corinthians - Women's Bible Study Participant Book: Living Love When We Disagree Driving With Care: Alcohol, Other Drugs, and Driving Safety Education-Strategies for Responsible Living: The Participant's Workbook, Level 1 Education Wipe Clean: Early Learning Activity Book (Wipe Clean Early Learning Activity Books) Wipe Clean: Letters (Wipe Clean Learning Books) Wipe Clean Workbook Tracing and Pen Control (Wipe Clean Workbooks) Wipe Clean Flash Cards ABC (Wipe Clean Activity Flash Cards)26 cards Wipe Clean: First 100 Words (Enclosed Spiral Binding) (Wipe Clean Workbooks)

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